FIRST READING: Micah 5:2-5a

But you, O Bethlehem of Ephrathah, who are one of the little clans of Judah, from you shall come forth for me one who is to rule in Israel, whose origin is from of old, from ancient days.

³Therefore he shall give them up until the time when she who is in labor has brought forth; then the rest of his kindred shall return to the people of Israel.

⁴And he shall stand and feed his flock in the strength of the Lord,

in the majesty of the name of the LORD his God.

And they shall live secure, for now he shall be great

to the ends of the earth; ^{5a}and he shall be the one of peace.

Psalmody: Luke 1:46b-55

or Psalm 80:1-7

SECOND READING: Hebrews 10:5-10

Consequently, when Christ came into the world, he said,

"Sacrifices and offerings you have not desired, but a body you have prepared for me;

⁶in burnt offerings and sin offerings you have taken no pleasure.

⁷Then I said, 'See, God, I have come to do your will, O God'

(in the scroll of the book it is written of me)."

⁸When he said above, "You have neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings" (these are offered according to the law), ⁹then he added, "See, I have come to do your will." He abolishes the first in order to establish the second. ¹⁰And it is by God's will that we have been sanctified through the offering of the body of Jesus Christ once for all.

GOSPEL: Luke 1:39-45 [46-55]

In those days Mary set out and went with haste to a Judean town in the hill country, ⁴⁰where she entered the house of Zechariah and greeted Elizabeth. ⁴¹When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit ⁴²and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. ⁴³And why has this happened to me, that the mother of my Lord comes to me? ⁴⁴For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. ⁴⁵And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord."

[46And Mary said,

"My soul magnifies the Lord,

⁴⁷and my spirit rejoices in God my Savior,

⁴⁸ for he has looked with favor on the lowliness of his servant.

Surely, from now on all generations will call me blessed;

⁴⁹for the Mighty One has done great things for me,

and holy is his name.

⁵⁰His mercy is for those who fear him from generation to generation.

⁵¹He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts.

⁵²He has brought down the powerful from their thrones,

and lifted up the lowly;

⁵³he has filled the hungry with good things, and sent the rich away empty.

⁵⁴He has helped his servant Israel, in remembrance of his mercy,

⁵⁵according to the promise he made to our ancestors,

to Abraham and to his descendants forever."]